

Cincinnati United Lakota Monroe



**U9–U19/2008–1999 Boys and
Girls**

“Bringing the Best Together!”

#1 Club in Cincinnati for Player Development

[Mission of CU]

- The goal of Cincinnati United Soccer Club is to provide higher level of training and competition in community based locations to those players who have an interest in competing at a select level rather than recreational soccer.
- Through the teamwork of licensed coaches and a professional training staff, we strive to instill passion, skillful play, teamwork, sportsmanship and respect for one another through the game of soccer

[CU Directors of Coaching]

- Michael Litvack
 - Values: Hard work, commitment, courage
 - Philosophy: Always work hard for things that you want to attain.
- Renee Horton
 - Values: Hard work, creativity, responsibility, critical thinking
 - Philosophy: Empowering players to be creative, be able to think and solve challenges on and off the field.
- Paul Rockwood
 - Values: Creativity, Energy, problem solving.
 - Philosophy: Catching the players attempting ideas instilled in them during training in a game situation and rewarding them for that.

[Structure]

- We will build strong age groups and great teams.
- Develop an excellent technical base, good training habits and high quality/ fast tempo playing style will be the focus of our training sessions.
- Coaches, trainers, and DOCs will work with teams to develop the players to their fullest for the future.
- CU “brings the best together” – our age groups will do just that!

[Training Locations]

- Outdoor Training/Game Locations
 - VOA
 - Posey Hartman Complex
 - Monroe High School (Blue Ash Sports Center)
 - Grooms
 - Alternative synthetic high school fields throughout the area in February & March
- Indoor Training Locations
 - Wall2Wall
 - Gametime
 - The “Field”– in Monroe
 - Forest Hills Sportsplex

Training locations may change based on field availability

[Training Format & Frequency]

- Training Frequency
 - 2 nights per week, minimum
- Age Group Training
 - This is extra trainings that the Club provides at certain times through out the year. This is communicated through the DOC to staff, onto the families.
- Timeline
 - Fall training begins following the summer camp and concludes in late October
 - Winter training provided and strongly encouraged
 - Spring training begins in mid-March and concludes in late May/early June
- Policy Regarding Participation in Other Sports
 - Commitment levels at these ages established by the coach
 - Most players at these ages participate in other sports, particularly in the winter and summer months

Goalkeeper Training Program

- CU goalkeepers receive separate training sessions specific to this position.
 - Training is generally offered 1–2 times a week during the season
- The cost of goalkeeper training will be within the club fee.
- At the younger age groups, goalkeepers are rotated.

[Competition (Leagues)]

- CUSL and Buckeye Premier
 - Most teams compete in either of these leagues, depending on their level of play.
 - Typically, teams play 6–8 league matches a season.

*Please Note: League schedules are always subject to change.

[Competition (Tournaments/Events)]

- CU Strives to Bring the Best Competition to Us (where appropriate for level of play)
 - Cincinnati United Cup
 - Elite Invitational
- All Other Tournament Travel Requirements Determined by Individual Teams
- Most teams participate in local events

Travel Requirements

(Outside of the Cincinnati/Dayton Area)

- League Play
 - Some league games in Buckeye may be played in Louisville, Columbus, Indianapolis, Cleveland
- Events
 - The amount of travel required for league play will influence what tournaments each team will attend.

[Summer Camp]

- Dates & Times
 - Aug 5–8, times TBD
- Camp fee included in club fee (more than \$150 value)



Competitive Program Fees

- What services are included in the Competitive program fees?
 - Professional training costs
 - Administrator costs
 - Director of Coaching costs
 - Program specific goalkeeper training
- Player fee (please see the club payment sheets for accurate amount)+ Tournament Expenses; Referee Fees; Uniforms fees (nonrefundable)
 - Note - Team Fees vary depending on number of matches, tournament fees, etc. Team fees are set by teams themselves.

Volunteer Commitments

- Each team family will be required to volunteer for 8 hours per year. Volunteer hours can be met in a number of ways (ie. – tournaments, registration, field clean-up, etc)
- Parent Volunteers helps aid in the clubs continued success as well as shows support for the job that our Staff does.
- Team volunteers Needed (including but not limited to)...
 - Parent Administrator
 - CU Cup Tournament Advertising Coordinator
 - Hotel Coordinator
 - Fundraising Coordinator
 - Tournament Volunteer Coordinator
 - Tent Storage and Assembly
 - Team Benches Storage and Assembly
 - Social Coordinator

[Fundraising]

- CU Ball:
 - Fundraising To Benefit The Club. Raffles, Silent Auction, Dinner And Dancing!
- Kroger Card:
 - The Program Will Rebate Money Back To The Team And Applied To The Account.
- Sponsorships at tournaments
 - Opportunities will be made for rebates for the CU Cup through sponsorship
- Corporate Sponsorship Opportunities
 - CU is currently developing guidelines that would allow teams to seek corporate sponsorship
- CU Tournaments

[Uniforms]

- Jersey/Shorts/Socks
 - Game uniform info will be made available at the team meeting
- Training shirts
 - All teams will wear CU training shirts with matching shorts and socks at training
- Optional Gear
 - Optional CU gear is encouraged and will be made available to purchase. These include: jackets, backpacks, warm-ups, and more.



[Proven Successes Overview – Player Development]

- Recognized as one of the top 25 clubs in the country and #1 in the greater Cincinnati area based on development criteria (by TopDrawerSoccer)
- Since 2003, the club has developed more players and sent more players to college than any other club in the area.
- Since the 2008/09 season, CU has placed more players on to the ODP Region II Teams than any club in the greater Cincinnati area.
- Since the 2008/09 season, CU placed more teams in the Ohio South (OSYSA) State Cup finals, Semifinals, and Quarterfinals than any other soccer club in Ohio South (OSYSA).



Proven Successes

Overview – Team Development/Club Opportunity

- **Team Development**
 - Numerous OSYSA State Cup Championships
 - Numerous Region II Championships
 - Numerous National Level Tournament Championships

- **Club Opportunity**
 - Opportunities to train with one of the best staffs in the country
 - High level goalkeeper training on a regular basis
 - High level tournament and league play exposure



Proven Successes

National Level Tournament & League

- **Disney Showcase**
 - Multiple Championships
- **Raleigh Showcase**
 - Multiple Championships
- **Orange Classic**
 - Multiple Championships
- **Annual Adidas Blue Chip participants**
 - Showcase format, no championship
- **Annual Carmel Showcase participants**
 - Showcase format, no championship
- **Las Vegas College Showcase**
 - U-15 Girls 2007 Champions
- **OSYSA State Cup**
 - Multiple Championships – Club formation – Present
- **Regional Championships**
 - Multiple Championships – Club formation – Present



Proven Successes

College Players - 2016 Class



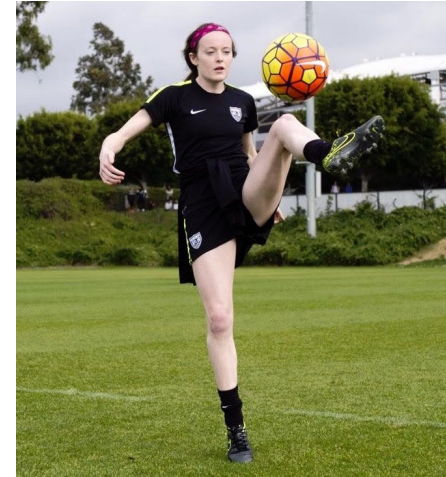
Our 2016 Class is still wrapping up but we have girls and boys players heading to these colleges and more. Congrats!

Proven Successes

Professional & National Team Players

- Professional Players
 - Lindsey Carstens - Norway
 - Parissa Eyorokon - Washington Freedom
- National Team Players
 - Kailyn Dudukovich (U14 National Pool)
 - Maddie Prohaska (U14 National Pool)
 - Aliyah El-Naggar (U15 National Pool)
 - Rose Lavelle (U18/U20/U23/Senior Team)
 - Liz Slattery (U20 National Camp)
 - Olivia West (pool)
 - Jordyn Rhodes, Anna Podojil, Mimi Stines, Ellie Podojil, Emma Schuppe, Olivia Scheper, BK Harris, Kailyn Dudukovich - (id2)
 - Parissa Eyorokon (U23 team)
 - Jay Atkinson (pool)
 - Nicole Hopkins (National Camp)
 - Claire Falknor (International Events)
- ODP State and Regional Team Players
 - Hundreds of players over the years
 - CU/CUP is a supporter of ODP
- US Soccer Training Centers
 - 23 Players invited in last 9 months
 - 7 Players invited to Midwest Combine

most of these players started at the CU



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 - Multiple Championships
- **Regional Championships**
 - Multiple Championships
- **USYS National League**
 - Multiple Championships



[Q&A]



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