



USSF Development Academy: CUP DA Program Benefits

- 1. ELITE PLAYER TRAINING ENVIRONMENT**
Train with similar goal oriented and highest level market area teammates (Lexington, Louisville, and Northern KY, Eastern IN, and Ohio South)
- 2. FEWER MORE MEANINGFUL GAMES**
Allows players to compete at highest level possible without fatigue related injuries with weekly average of 4 training sessions to each match over the course of the season
- 3. PROFESSIONALIZED COACHING**
Minimum 'A' or 'B' Licensed Staff + Apprentice Coaches as support + Pro Staff
- 4. TALENT IDENTIFICATION**
Direct Exposure to US National Team & Futsal National Teams scouting departments
- 5. PLAYER SAFETY**
Athletic Trainers for all DA official matches with CUP dedicated trainer at targeted DA Showcase events
- 6. HIGHEST LEVEL REFEREES IN MARKETS**
Assigned by US Soccer and must meet their standards
- 7. SPORTS PERFORMANCE TECHNOLOGY**
Video analysis
PERFORMANCE TRAINING
Weekly Speed, Strength, and Agility
FUTSAL SPECIFIC TRAINING
Exposure to US National Team Scouts at futsal event in February with other DA Clubs
- 8. GREATER COACH TO PLAYER RATIO**
Allows for functional position specific training
GK COACH
GK staff and sessions dedicated to DA players (GK DPs possible)
LARGER COACHING STAFF
Dedicated to DA programming
- 9. ADVANCED PLANNING AND SCHEDULING**
More notice on game and training schedules to allow increased opportunities for advanced planning. League season spread over 10 months
- 10. CLUB ACCOUNTABILITY**
US Soccer holds club accountable for providing best environment to develop elite players (facilities, coaches, training environment, style of play)

